

The 11th Regional Day of Western Switzerland

Saturday, October 3, 2026

CHUV - Lausanne

Accredited for 4 ESRA-DRA points
[4 ultrasound hands-on points]



REGISTRATION

Email to info@sacar.ch

FEES

Lectures & Workshops

Physicians: 550 chf

Residents: 450 chf

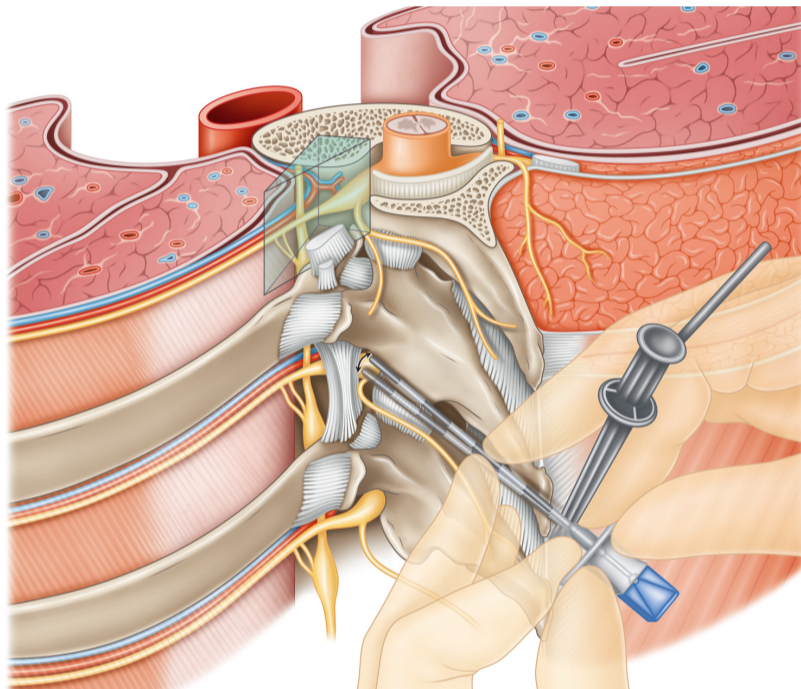
Lectures only

Physicians: 300 chf

Residents: 250 chf

Number of participants

Limited to 48 for workshops



CHUV

Aud. Mathias Mayor
Rue du Bugnon 46
1011 Lausanne

SCIENTIFIC COMMITTEE

Prof. Dr. med. Eric Albrecht

PD. Dr. med. Sina Grape

ACCREDITATION

SSAPM 8 credits / SSUM-SGUM 8 credits (mod. 2 + 10) / SSMUS-SGNOR 8 credits



Program

08h15 : Registration & Coffee

08h45 : Welcome - Prof. Eric Albrecht, PD. Dr. Sina Grape

09h00 : The role of regional anaesthesia in fast track cardiac surgery - PD Dr. Sina Grape

09h20 : How to get better at regional anesthesia - Prof. Ki Jinn Chin

09h40 : Compartment syndrome and regional anaesthesia - Dr. Steve Coppens

10h00: Strategies for consistent success in spinal anesthesia - Prof. Ki Jinn Chin

10h20 : BREAK

10h40 : Continuous spinal anaesthesia for hip surgery - Dr. Peter Merjavy

11h00 : Erector Spinae Plane Block: what clinicians need to know - Prof Ki Jinn Chin

11h20 : PRO / CON DEBATE: A fascial plane block can be done without specific consent for unexpected open surgery

PRO: Dr Steve Coppens / CON: Dr Peter Merjavy

12h00 : LUNCH

13h00 : Workshop (3 stations)

14h45 : BREAK

15h00 : Workshop (3 stations)

16h45 : Assessment and certification

17h00 : End

Workshops

Station 1: Blocks around the clavicle - Dr S. Grape

Station 2: Axillary brachial and rescue blocks - Dr. C. Kull

Station 3: Chest and abdominal wall blocks - Dr M. Robertson

Station 4: Blocks on the thigh - Dr S. Coppens

Station 5: Sciatic nerve and ankle blocks - Dr P. Merjavy

Station 6: Neuraxis - Pr. K.J. Chin

FACULTY

Prof. Dr. Eric Albrecht, ESAIC

Program Director, Department of Anaesthesia, University Hospital of Lausanne (CHUV) and University of Lausanne, Lausanne, Switzerland

Prof. Ki Jinn Chin, MD

Professor, Department of Anaesthesia, Toronto Western Hospital, Toronto, Ontario, Canada

Dr Steve Coppens, MD

Consultant Anaesthetist, Department of Anaesthesia, Leuven Hospital, Leuven, Belgium

PD. Dr. Sina Grape, MD

Head of Department, Department of Anaesthesia, Valais Hospital and University of Lausanne, Sion, Switzerland

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Dr. Peter Merjavy, MD

Consultant Anaesthetist, Department of Anaesthesia, Craigavon Area Hospital, Southern HSC Trust, Craigavon, North Ireland, United Kingdom

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Consultant anaesthetist, Department of Anaesthesia, Groupement Hospitalier de l'Ouest Lémanique, Nyon, Switzerland

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Dear Colleagues,

It is with great pleasure that we invite you to the **11th Regional Anaesthesia Day of Western Switzerland**, which will take place on **Saturday, October 3, 2026, in Lausanne, CHUV**. As in previous years, the morning will feature lectures, followed by hands-on workshops in the afternoon.

This year, we are once again privileged to welcome internationally renowned experts in Regional Anaesthesia, who will deliver cutting-edge lectures and address your questions and challenges in daily practice. We are especially honoured to host **Prof. Ki Jinn Chin** from Toronto, Ontario, Canada, **Dr Peter Merjavy** from Craigavon, North Ireland, United Kingdom and **Dr Steve Coppens** from Leuven, Belgium, all highly respected leaders in the field.

The scientific programme has been designed to provide a comprehensive update on contemporary regional anaesthesia practice. Through expert lectures and interactive workshops, participants will explore a wide range of topics including spinal anaesthesia, fascial plane blocks, regional anaesthesia in cardiac surgery, and ultrasound-guided techniques. The afternoon hands-on sessions will offer practical training with experienced faculty, providing valuable opportunities to refine skills and discuss real-world clinical issues.

The event will be held in **English**. You may register for either the morning lectures only or the full day, which includes both lectures and workshops. Each workshop will be led by recognized instructors who will offer practical insights, tips, and techniques to improve your success in regional anaesthesia.

You will find the event flyer attached. To register, please email **info@SACAR.ch** with your **name** and **email**, and specify whether you wish to attend the **lectures only** or the **full program**. If participating in the workshops, kindly indicate your **level of experience** in regional anaesthesia (**beginner, intermediate, or advanced**) so we can form well-balanced groups. In addition, participants will have the opportunity to **download the latest edition of *The Book of Ultrasound-Guided Regional Anaesthesia***.

We are confident that this event will offer an engaging and comprehensive learning experience, as well as a forum for stimulating discussion—whether you are a trainee or an experienced practitioner. This workshop is also **accredited for the ESRA-DRA exam**.

We sincerely thank our industry partners for their generous support and for providing ultrasound equipment. We look forward to welcoming you warmly in Lausanne.

Prof. Dr. med. Eric Albrecht

PD. Dr. med. Sina Grape

Organising and Scientific Committee
Department of Anaesthesia
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